



*Joy is not a result; it is a cause.  
It can happen to us, but we can make it happen and make  
other things happen because of it.*

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It is the love, respect, compassion, encouragement and excellent care that enables our residents to live their lives to the fullest at the Father Lacombe and Providence Care Centres, our two not-for-profit care centres, that our residents call “home”.

As Calgary’s oldest serving continuing care provider (over 107 years) we continue with our traditional *begging journey* as we need your financial support. We are calling on your help this Christmas so that we can continue to give our residents excellent and compassionate care in a warm, caring and safe environment and enhance their lives with two important additions, a Chapel to address spiritual needs, and a Healing Garden for our most vulnerable residents.

**Your support will make a significant difference in the lives of our residents.**

**THANK YOU**



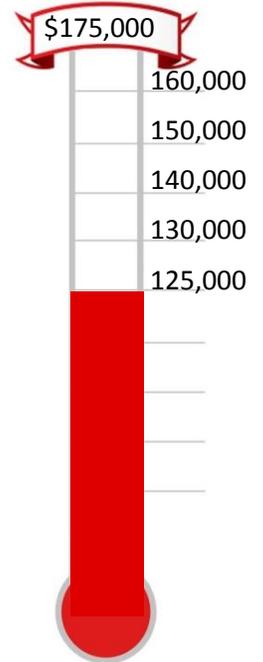
# Healing Garden

**IMAGINE** not being able to go outside alone, to sit on a garden bench and feel the sun on your face, listening to the birds and enjoying the peace of a garden. For our residents living with Alzheimer’s or other dementias, this is their reality.

We are transforming a 50’ x 125’ south facing courtyard into a Healing Garden that will give our residents full access to a special environment that is safe, secure and nurturing. The Healing Garden will appeal to all five human senses and involve many components such as wide pathways to encourage residents to explore the garden safely at their leisure, and gain a sense of independence and self-confidence. The Healing Garden will be of tremendous benefit to this vulnerable population, providing a special place for socializing and interacting with family, friends and staff, and for respite during stressful times.

Phase 1 of this project has started (Oct – Dec), which entails site preparation for sprinklers, electrical and pathways, postholes for the pergola, trellis’s and birdhouse towers, preparation for water feature and planters.

Your support will help us complete Phase II of the Garden with construction of the structures, water feature; raised planters for annuals, herbs and vegetables; garden bed preparation for planting trees, shrubs and perennials, and lawn area for recreational activities. Our goal is to complete the Healing Garden by the end of June 2018 so our residents can enjoy the sunshine and fresh air of summer.



**“It will be a quiet peaceful oasis away from a somewhat at times chaotic environment”**  
*Family Member*



**“It will be a nice calm relaxing place to just hang out and enjoy the scenery. Maybe it will stimulate memories for my dad as he had quite the green thumb and loved birds”**

*Family Member*

**For further information on the Healing Garden please contact: Val Duggan 403-537-6085**



**SPIRITUALITY** means many things to many people; it lifts you up, it brings you peace, it is joyful and it is reflective. At this time of the year when families gather, voices sing out in good cheer and lights dance and sparkle we come together to rejoice and give thanks.

At Providence Care Centre, we have much to give thanks for. Through your generosity we have shaped a building into a “home” for 160 residents. We have purchased furniture and art work to create the feeling of home, we have provided training to staff on how to deliver “person - centred care” and we have created a variety of programs, some are educational, some are enjoyable, some are fun, all bring meaning to the quality of life for the resident who calls this place “home”.



But there is still something missing -- a Chapel.

We have a plan, but it needs your support. We want to build a Chapel. It will be open for residents, family members, staff and volunteers; a place for quiet reflection and contemplation, but also a place to rejoice and give thanks. It will be a place for Mass and other ecumenical services.

We have been in the quiet phase of a \$2.5 million Chapel Campaign and have raised \$1.1 million to date. Without government funding we have more work to do to reach our financial target. We have hired an architect to help us to design a meaningful place and are grateful for the input we have received from residents, family members, Board members and staff – the people who will use the Chapel.

This Christmas season, as you gather with loved ones giving thanks for all your many blessings, I ask you to remember our residents and that their prayers are heard; that we find the financial resources so that we can build their Chapel.

***“Having a Chapel here gives me the benefit of being close to a place of meditation and prayer. To have access to a Chapel right at the moment would feel WONDERFUL. It would make all the difference in the world because we don’t have any access.”***

***Vickie (Resident)***

***“It would make it a lot easier to find a quiet corner for prayer and reflection whenever I want to go. It would be much better than having the Chapel in the front lobby.”***

***Brenda (Resident)***

***For further information on the Chapel please contact: Evelyn Stewart 587-393-1353***

# Greatest Need Fund

Gifts to the area of Greatest Need are extremely valuable as they give us the flexibility to address urgent needs as they arise and enable us to provide the very best of care and recreational programming for our residents.



Remembrance Day 2017



Afternoon High Tea



Summer Boat Outing!



Day Trip – it's never too cold for ice cream!

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## In the words of Dr. Seuss:

*And the Grinch, with his Grinch-feet ice cold in the snow, stood puzzling and puzzling, how could it be so? It came without ribbons. It came without tags. It came without packages, boxes or bags. And he puzzled and puzzled 'till his puzzler was sore. Then the Grinch thought of something he hadn't before. What if Christmas, he thought, doesn't come from a store? What if Christmas, perhaps, means a little bit more?*

*May You and Your Loved Ones Share a  
Warm and Wonderful Christmas*

Sincerely,

  
Evelyn Stewart, Director of Development

  
Val Duggan, Donor Stewardship

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